



PLYMOUTH COUNTY OUTREACH

The latest news and updates on overdose related incidents in Plymouth County, MA and how law enforcement and public health officials are tackling this opioid epidemic in real-time.

OVERDOSE STATISTICS 11/01/2022 - 11/30/2022



95 incidents



44 successful home visits*

*The outreach team made contact with a SUD, family/friend or both.



62% non-fatal

8% fatal

30% at-risk*

*A loved one reported this individual due to concern of potential overdose.

CHRISTMAS IN RECOVERY

The Holiday season is a happy time for many. This is the time of year family and friends come together to celebrate holiday traditions, enjoy each other's company, and enjoy great food and drinks. However, even in the midst of all the excitement, the holidays can be hard. For someone who is experiencing Christmas in recovery, especially new to recovery, this time of year can be difficult. The pressure is high during this time of year, and a slip-up can feel inevitable. From holiday parties to Christmas toasts, if you are in recovery from substance use disorder, avoiding these situations can seem like the only answer. It is important to know that it's okay to put yourself first and know your limits. Lean on your support system, attend a Holiday alkathon, or skip the Christmas parties all together. Do what is necessary for you to have a happy, healthy holiday! To learn more, check out: <https://harmreductioncenter.com/christmas-in-recovery/>.

HOLIDAY ALKATHONS

- Abington Early Bird Dawn Patrol 10 Bedford St. 6 pm 12/31-1/1 9 am
- Dedham Village 1st Ch., 670 High St. 8 pm 12/24-9:30 pm 12/25 & 8 pm 12/31-9:30 pm 1/1
- District 6 Christmas 12/24 9 pm-midnight & 12/25 9 am-6 pm Lutheran Ch., 900 Main St., Brockton
- District 6 New Year's 9 pm-1:15 AM 1/1 and 9 AM-6 pm 1/1 Lutheran Ch., 900 Main St., Brockton
- District 7 Christmas 12/24 4 pm-12/25 4 pm @ The Anchor, 7 Hadassah Way, Hull
- District 7 New Year's 12/31 Noon-1/1 Noon @ the Anchor, 7 Hadassah Way, Hull
- District 8 United Methodist Ch., 40 Beale St., Quincy 6 pm 12/24-6 pm 12/25
- District 8 United Methodist Ch., 40 Beale St., Quincy 6 pm 12/31-6 pm 1/1
- District 12/13 & 14 Christmas 12/24 6-9 pm 12/25 9 am- 7 pm VFW 386 Washington St Brookline
- Lowell Bridge Club, 33 E. Merrimack St. December 25 6 AM-8 PM
- Malden 4 Winds Friday Club 24, 787 Salem St. 6 pm 12/24-6 pm 12/25. Food donations welcome.

*Thank you to Anne Marie Winchester of PCO HOPE for the list of local Holiday Alkathons!

For more information contact, PCO Program Manager
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*Data provided by Kelley Research Associates