



# PLYMOUTH COUNTY OUTREACH

*The latest news and updates on overdose related incidents in Plymouth County, MA and how law enforcement and public health officials are tackling this opioid epidemic in real-time.*

## OVERDOSE STATISTICS 5/01/2023 - 5/31/2023



112 incidents



44 successful home visits\*

\*The outreach team made contact with a SUD, family/friend or both.



46% non-fatal

8% fatal

46% at-risk\*

\*A loved one reported this individual due to concern of potential overdose.

## FOURTH OF JULY - HARM REDUCTION

The Fourth of July, for many, is commonly associated with consuming alcohol and other substances. If you are planning on using substances, please consider using some of these harm reduction tips:

- Have a designated driver or be prepared to utilize a rideshare service like Lyft or Uber
- Drink water in between alcoholic beverages
- Avoid drinking in rounds
- Carry Narcan
- Test any substance you did not receive from a licensed pharmacy with fentanyl test strips
- Use in the presence of someone else
  - If you are going to use alone, please consider calling the Massachusetts Overdose Prevention Helpline at 1-800-972-0590
- Watch out for your friends
- Know your source

\*For free Narcan, harm reduction tools, resources, and support, reach out through any of our social media, or through the connect page on our website!

## COFFEE WITH A RECOVERY COACH - PEMBROKE

Join us on Saturday, July 8th from 10:00am - 2:00pm at Pembroke Public Library for Coffee with a Recovery Coach! A trained Recovery Coach will be available to answer questions on substance use, treatment, and recovery for individuals or loved ones. Free coffee, Narcan and Narcan training, resources, and more will be available at the event!